a multitude of products, protection of watersheds, forage for livestock, food and shelter for wildlife, wilderness areas, and a tremendous range of recreation opportunities for people of every age and income.

In these times of worldwide inflation and energy shortages, we can turn to our forests for relief. Forests offer numerous opportunities for low-cost vacations.

Forest products can have even greater inflation-fighting and energy-saving roles. I recently directed two Federal agencies to examine their forested lands to see what could be done to provide more timber so that the cost of housing could be reduced.

Discoveries from forest product research are being applied to help fight inflation and save energy. A new house developed by Forest Service scientists will allow us to build houses with 30 percent less structural lumber than is used now for similar structures. New processing techniques reduce the amount of energy needed to make paper and also allow manufacture of more paper from less wood.

In addition, America's forests make direct contributions to reducing our dependence on foreign sources of energy. This country once ran on the energy provided by burning wood, and we can obtain energy from that resource again. Every year, more and more Americans are turning to efficient woodburning stoves and furnaces to help in their fight against rising energy costs.

Wise use of our Nation's forest products results in turn from wise and efficient management of the forests themselves. Planning carefully for all forest uses, minimizing waste, and replenishing harvested trees will sustain our forests and insure the continuity of this tremendous renewable asset.

In recognition of the value of forests for energy, wood products, and recreation, Congress has designated the third week of October as National Forest Products Week. It is important that we pause to reflect upon the value of our forests to our national well-being.

NOW, THEREFORE, I, JIMMY CARTER, President of the United States of America, do hereby proclaim the week of October 21 through October 27, 1979, as National Forest Products Week and ask all Americans to demonstrate their awareness of the value of forests through suitable activities.

IN WITNESS WHEREOF, I have hereunto set my hand this eighteenth day of September, in the year of our Lord nineteen hundred seventy-nine, and of the Independence of the United States of America the two hundred and fourth.

JIMMY CARTER

Proclamation 4688 of September 18, 1979

Veterans Day, 1979

By the President of the United States of America

## A Proclamation

No Americans have done more to win and protect the peace than the men and women of our Armed Forces, past and present.

Veterans Day affords each of us the opportunity to join our fellow citizens, in communities across the Nation, in honoring those whose love of country knew no bounds—those to whom patriotism was principle, not mere sentiment. Without the sacrifices which our brave veterans made so freely and so generously, our cherished freedom would long ago have vanished.

On this historic day, let us resolve anew to keep faith with those who have done so much to shape this Nation with their honor and valor. The flag under which they served is the emblem of our unity, our power, our purpose as a Nation. It has no other character than that which we give it from generation to generation.

NOW, THEREFORE, I, JIMMY CARTER, President of the United States of America, do hereby invite citizens everywhere to join with me in observing Veterans Day on Sunday, November 11, 1979. Let the past and present unite in prayer that America will ever seek the ways of peace, and, by her example at home and throughout the world, hasten the return of goodwill among men.

This is a particularly appropriate time to remember with respect and affection our sick and disabled veterans. I urge their families and friends to visit with them and reassure them of their country's enduring gratitude.

I call upon the press, radio and television and other media of public information to participate in this observance to help realize the full purpose and meaning of this important commemoration.

I ask that Federal, State and local government officials arrange for the display of the flag of the United States on this day, and encourage the public's involvement in appropriate ceremonies throughout our land.

IN WITNESS WHEREOF, I have hereunto set my hand this eighteenth day of September, in the year of our Lord nineteen hundred seventy-nine, and of the Independence of the United States of America the two hundred and fourth.

In salad bestold safe to insulance Assessed a vessel of JIMMY CARTER

Proclamation 4689 of September 19, 1979

National Meals on Wheels Week, 1979

By the President of the United States of America

## A Proclamation

This year marks the twenty-fifth anniversary of the Meals on Wheels programs which make nutritious food available to aged and ailing persons in their homes. Since 1954, thousands of volunteers in these programs have made it possible for many of the Nation's elderly to reside at home rather than in institutions and to live healthier, happier and more independent lives.

In recognition of the outstanding contributions of these volunteers, the Congress, by House Joint Resolution 367, has designated the week beginning September 16, 1979, as National Meals on Wheels Week.

NOW, THEREFORE, I, JIMMY CARTER, President of the United States of America, do hereby proclaim the week of September 16 through September 22, 1979, as National Meals on Wheels Week.

Ante, p. 413.